

MONEY ALCHEMY

A 6-week course that will Transform
your relationship to Abundance



CELEBRATIONS





Module 3: Empower



The Mechanics of Money

ETHIC: TRUST

LEARNING OBJECTIVES

After Module 3: Empower, You will be able to:

- Understand and apply the concept of “Liftoff” and Crossing the Border
- Examine the role of Forgiveness and Respect in Money Empowerment
- Identity Blockages and Leaks in your Money Conduit
- Implement the 8 Steps to Financial Conducting

Here's What You'll Learn:

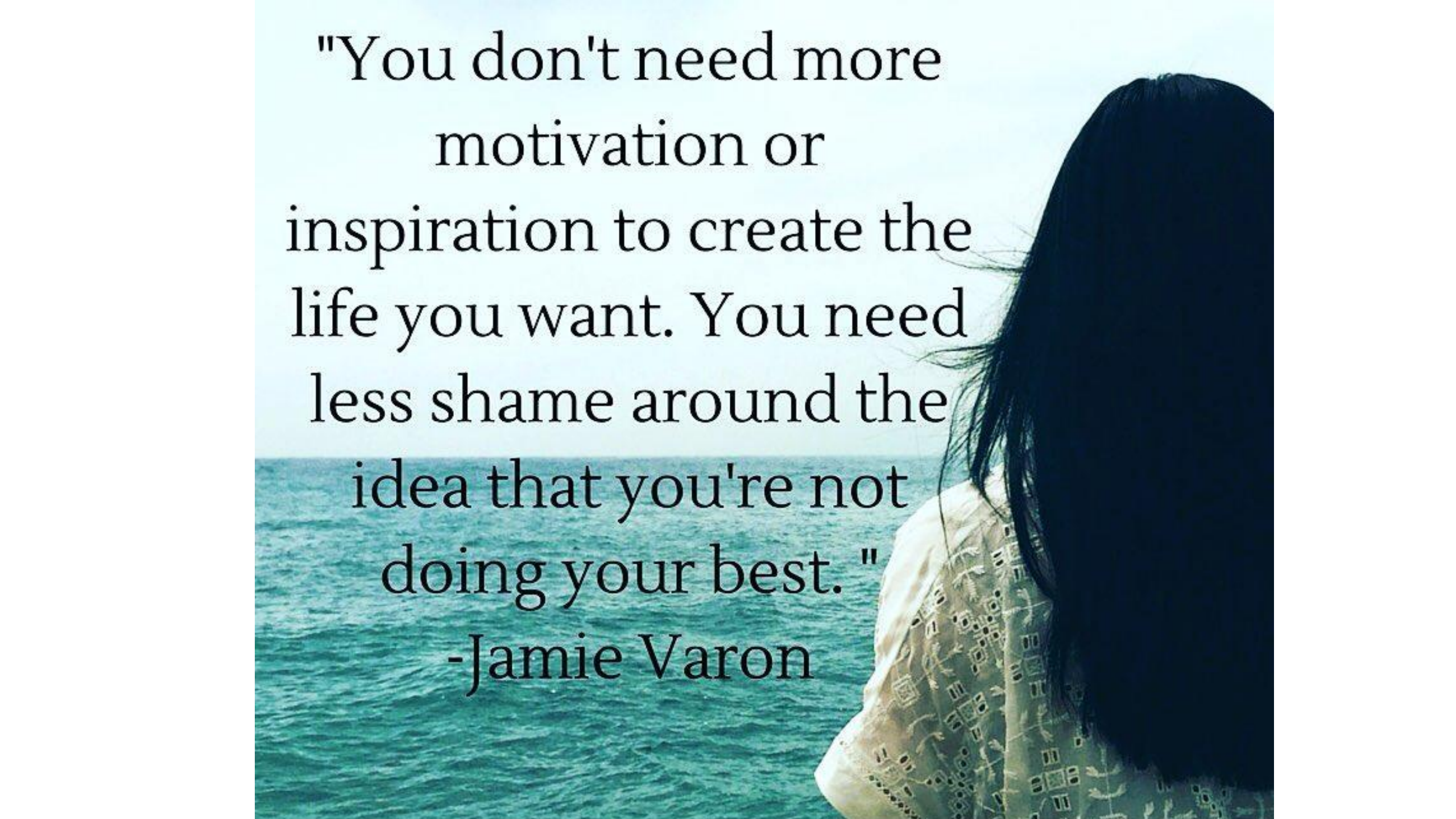
Section One:
Lift Off

Section Two:
Forgiveness and Respect

Section Three:
Blockages and Leaks

Section Four:
8 Steps to Financial
Conducting



A person with long, dark hair is seen from behind, looking out at a vast, blue ocean under a clear sky. The person is wearing a light-colored, patterned garment. The text is overlaid on the left side of the image.

"You don't need more
motivation or
inspiration to create the
life you want. You need
less shame around the
idea that you're not
doing your best. "

-Jamie Varon



TRUST

A high-angle view from space showing a large, cylindrical satellite or shuttle component with gold-colored thermal insulation and silver metallic sections. The component is positioned in the upper right corner, partially cut off by the frame. Below it, the Earth's surface is visible, covered in a dense layer of white clouds. The curvature of the Earth is visible at the top of the image, showing a thin blue line against the black background of space. The word "LIFTOFF" is superimposed in a large, black, serif font across the center of the image.

LIFTOFF



THE PHYSICAL WORLD

THE METAPHYSICAL WORLD

- IDEAS
- DREAMS
- VISIONS
- LIFE'S INTENTIONS
- TOUCHSTONES OF INTEGRITY

A high-angle view from space showing a large, cylindrical satellite or shuttle component with gold-colored thermal insulation and silver metallic sections. The component is positioned in the upper right corner, partially cut off by the frame. Below it, the Earth's surface is visible, covered in a dense layer of white clouds. The curvature of the Earth is visible at the top of the image, showing a thin blue line against the black background of space. The word "LIFTOFF" is superimposed in the center of the image in a large, black, serif font.

LIFTOFF

CROSSING THE BORDER



ACQUIRING INFORMATION AND ADVICE
ABOUT HOW TO MANAGE OR INVEST
OUR MONEY IS EASY. THE TRICK IS TO
ACT ON THE INFORMATION, TO DO
SOMETHING THAT IMPROVES YOUR LIFE
AND THE LIVES OF THOSE YOU LOVE.

-MARIA NEMETH, PHD

MONEY AND FORGIVENESS



R-E-S-P-E-C-T



WALLET TRIAGE

MONEY LOVE



A close-up photograph of a polished chrome faucet. The faucet has a cross-shaped handle at the top. The spout is curved and has a cylindrical body. At the very end of the spout, a brown, textured cork stopper is inserted, preventing water from flowing. The background is a plain, light gray.

BLOCKAGES

AND
LEAKS

BLOCKAGES

- OLD, WORN OUT MODES OF THINKING ABOUT MONEY
- INCOMPLETE MONEY BUSINESS

LEAKS

A close-up photograph of a child's hands pouring water from a blue plastic bucket. The child is wearing a grey bucket hat with a red strap and a white shirt. The background is a soft-focus outdoor setting with green foliage. The word "LEAKS" is written in a large, black, serif font in the upper right corner.

- WASTING MONEY
- UNCONSCIOUS SPENDING
- HABIT SPENDING
- OUT OF TOUCHSTONE
ALIGNMENT

LET'S TALK ABOUT DEBT, BABY



STUDENT LOANS



WRITE YOUR DEBT
A LOVE LETTER

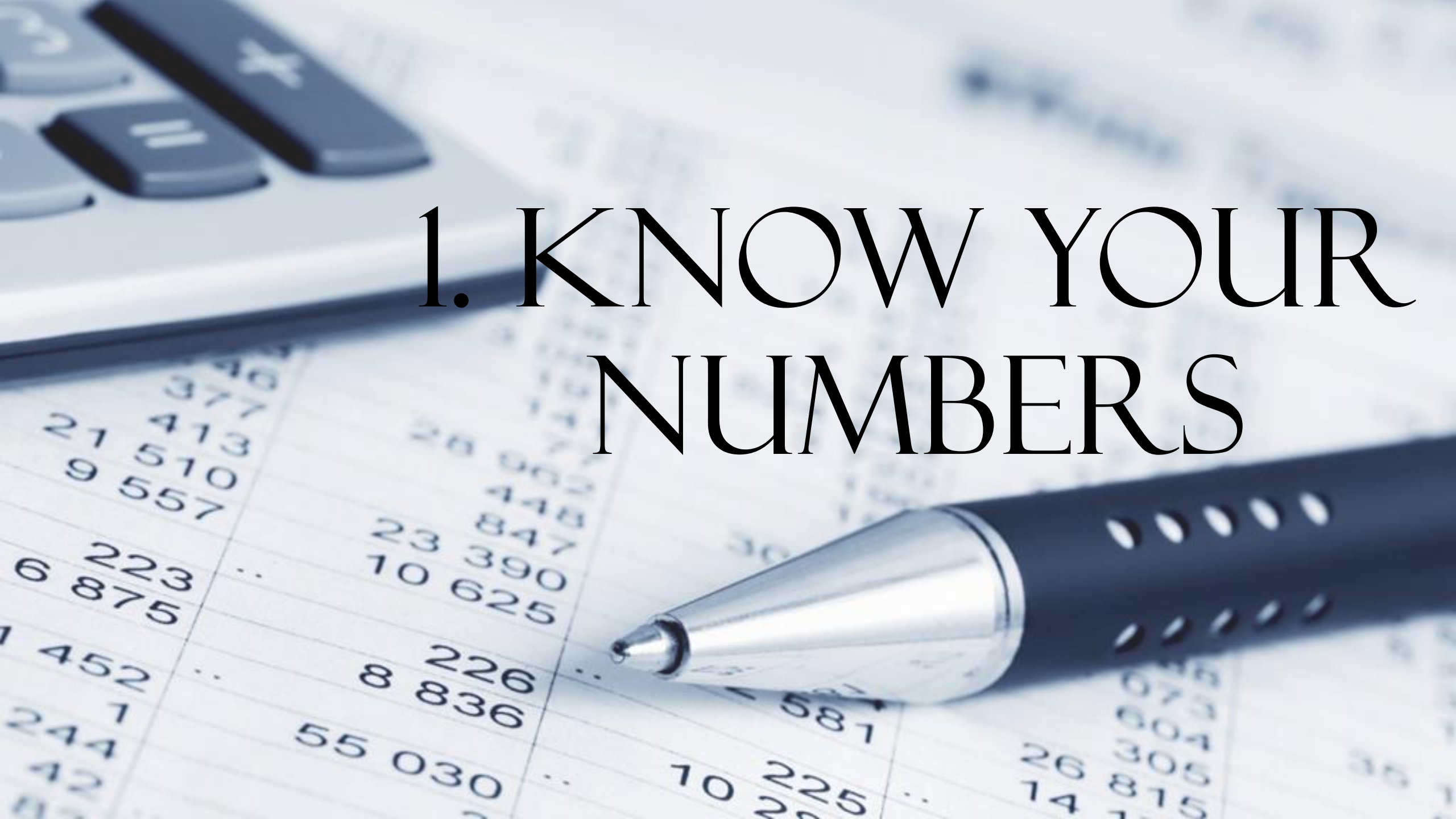




8 STEPS TO FINANCIAL CONDUCTING

MAKE AN
APPOINTMENT WITH
A CERTIFIED
FINANCIAL PLANNER





1. KNOW YOUR NUMBERS

TAKE INVENTORY OF YOUR CURRENT FINANCES:

- INCOME
- EXPENSES
- CREDIT SCORE
- CREDIT REPORT
- INSURANCE COVERAGE
- CASH ACCOUNTS
- RETIREMENT ACCOUNTS
- OTHER INVESTMENT ACCOUNTS
- DEBTS- PERSONAL, STUDENT LOANS, MORTGAGE,
CREDIT CARDS, ETC
- ESTATE PLANNING DOCUMENTS

2. KNOW YOUR GOAL



GOAL SETTING

S

SPECIFIC

M

MEASURABLE

A

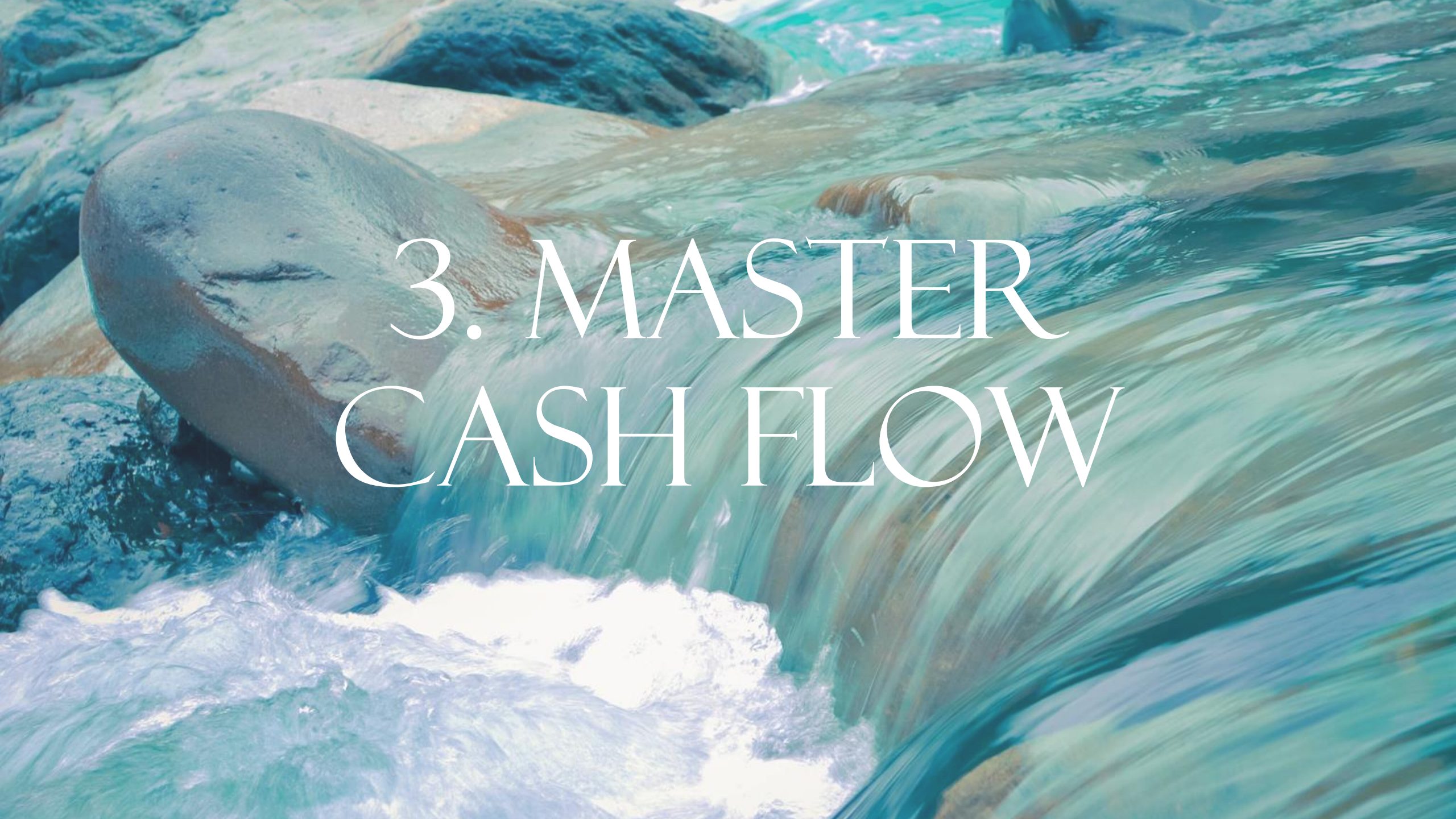
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R

RELEVANT

T

TIME-BOUND



3. MASTER CASH FLOW

- 
1. Calculate your total monthly income or cash inflow.
 2. Calculate your total monthly expenses or cash outflow.
 3. Break up your expenses into categories:
 - a. Fixed expenses
 - b. Savings
 - c. Variable expenses
 4. Subtract your expenses from your income. You will find:
 - a. Surplus
 - b. Break Even
 - c. Deficit

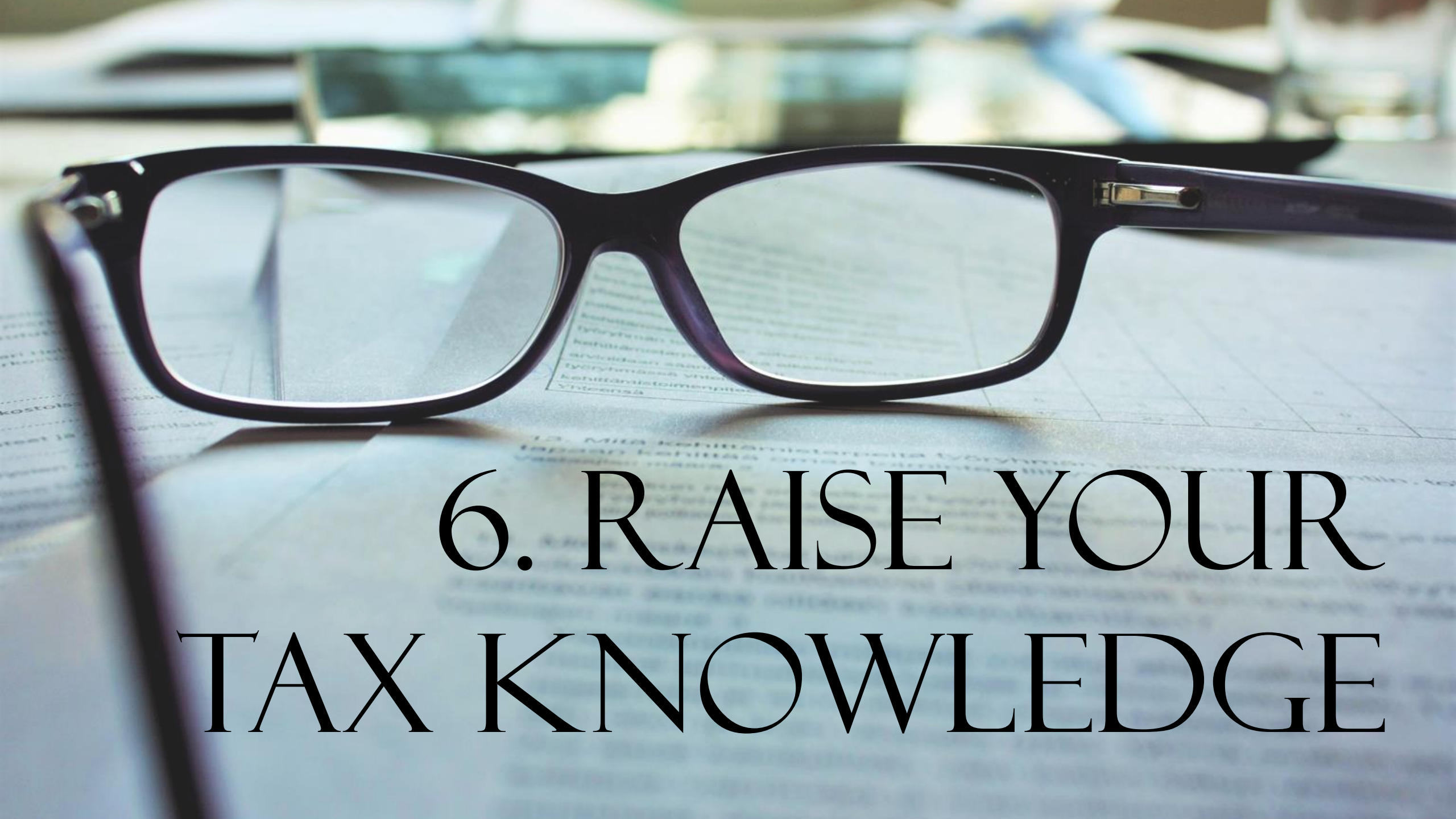
4. BUILD A CASH CUSHION



5. PROTECT FOR THE UNEXPECTED



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- A large commercial airplane is shown in a state of severe wreckage, lying on its side on a dark, flat, and desolate landscape. The aircraft's fuselage is heavily damaged, with significant portions missing or crushed. The background features a hazy, overcast sky and a distant, low horizon line. The overall scene conveys a sense of tragedy and disaster.
- HEALTH INSURANCE
 - AUTO INSURANCE
 - HOME/RENTER'S INSURANCE
 - DISABILITY INSURANCE
 - LIFE INSURANCE
 - LONG-TERM CARE INSURANCE
 - UMBRELLA INSURANCE
 - BUSINESS INSURANCE



6. RAISE YOUR TAX KNOWLEDGE

7. MAKE INVESTING A PRIORITY



8. BUILD A FINANCIALLY EMPOWERING COMMUNITY



MAKE AN
APPOINTMENT WITH
A CERTIFIED
FINANCIAL PLANNER



A photograph of a busy city street, likely in Istanbul, featuring a red tram with the number 223 and the word 'TUNEL' on its front. The tram is moving along tracks in the center of the street. Pedestrians are walking on the sidewalks, and a motorcyclist is visible near the tram. The street is lined with historic buildings, some with ornate facades. A vertical sign on the right side of the street reads 'ENGLISH'. The word 'CONGRATULATIONS!' is overlaid in large, blue, serif capital letters across the middle of the image. A decorative, light-colored floral pattern is visible in the upper portion of the background.

CONGRATULATIONS!

ALCHEMICAL ACTION HOMEWORK

- Continue Wealthitude list, Money Mantras, Money Metta Meditations
- Wallet/Purse Triage
- Debt Love Letter
 - Make Appt with Financial Planner (ask for recommendation if you don't have one)
- Start Implementing the 8 steps to Financial Conducting

Journal Questions

- Where have I experienced the concept of “Liftoff” in other areas of my life? What were the outcomes?
- Who do I need to forgive around money? Who am I blaming for my money beliefs or challenges?
- What rituals can I incorporate into my Money Love Story?
- Where are my money blockages? Where am I leaking money energy? How can I clear the flow or residue and leaks?
- What forms of debt do I carry in my money story? What energy is there around it?
- How am I grateful to my debt? What has it done for me?
- How does it feel to take the 8 steps to Financial Conducting?
- Who do I want in my money alchemy community going forward?

HERE'S WHAT WE COVERED

Section One:
Liftoff

Section Two:
Forgiveness and Respect

Section Three:
Blockages and Leaks

Section Four:
8 Steps to Financial
Conducting

PREVIEW FOR NEXT WEEK

Module 4: Transform

Actualizing the Principles of
Money and Success

ETHIC: COURAGE



A person wearing a light-colored, textured sweater is holding a lit sparkler. The sparkler is bright and glowing, with sparks radiating outwards. The background is a clear, light blue sky. The overall mood is celebratory and warm.

THANK YOU

RESOURCES

- Available in the Files Section of the Money Alchemist Facebook Page
- Photo credits: Mine or Unsplash.com

REFERENCES

Dave Ramsey, Financial Peace University

Kate Northrup. Money Love

Maria Nemeth, Energy of Money

Suze Orman, 9 Steps to Financial Freedom